

Etherena TCU380A Be Free copper IUD



BE FREE!

Free from hormones.

Stop thinking about contraception.

What is an Etherena copper IUD?

The Etherena contains a T-shaped copper IUD in a unique insertion mechanism that can facilitate insertion. The T-shaped copper coil is made of plastic (LDPE) and copper and protects against pregnancy. Protection starts immediately after the IUD is inserted. The Etherena is hormone-free and therefore the natural menstrual cycle is preserved. According to the Dutch College of General Practitioners, the TCU380A is the most reliable copper IUD.

How does an Etherena copper IUD work?

An Etherena copper IUD is a hormone-free way to prevent pregnancy. The T-shaped IUD is placed in the uterus. The IUD has copper in 3 places that is released very slowly. Copper paralyzes the sperm cells, so that the sperm can no longer fertilize the egg. The IUD also causes the endometrium to change. This prevents the egg from implanting. An Etherena copper IUD is a very reliable way to prevent pregnancy! The etherena also works as a morning after IUD if placed within 5 days of unsafe sex.

For whom is the Etherena copper IUD suitable?

In principle, the Etherena is suitable for all women who want hormone-free contraception. Even if you have not yet been pregnant or have given birth. The natural menstrual cycle is preserved. You no longer have to think about contraception when the Etherena copper IUD is in place.

Breastfeeding

Even if you are breastfeeding, you can still have the Etherena copper IUD inserted and used. Because it does not contain hormones, it has no influence on the quantity and quality of breastfeeding.

Getting pregnant again?

Do you want to get pregnant again? Then the copper IUD will be removed by your doctor, gynecologist or midwife. You can get pregnant again right away after removal, because the copper IUD does not contain any hormones and your normal menstrual cycle has continued.

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How long does the protection against pregnancy last after placement?

The Etherena TCU380A Be Free copper IUD offers 10 years of pregnancy protection after placement. You are protected against pregnancy for a long time, without having to think about contraception every day! And that hormone free!

Are There Any Side Effects?

Most women experience little to no side effects from the TCU380A copper IUD. Some women do experience side effects, especially in the first 3 months after placement. These side effects can include abdominal cramps, irregular bleeding, heavier and longer periods. After 3 months, these side effects have disappeared in most women and the cycle is restored. The side effects persist in a small proportion of women. In that case, always contact your doctor, gynecologist or midwife. A follow-up check is recommended six weeks after placement.

When not to use?

- Copper allergy
- Unexplained vaginal blood loss
- Active inflammation
- Abnormality of the uterus
- Wilson's disease

Fee & Ordering

When you are insured in the Netherlands to a Dutch Health care insurer, the IUD is reimbursed for woman under the age of 21. The IUD must then be collected from a pharmacy with a prescription. If you are between 18 and 21 years old, the costs will be deducted from the 'own risk amount'. From the age of 21 there may be reimbursement in an additional insurance policy if you have taken out one. The cost of IUD placement varies by healthcare provider. Placement by the GP is fully reimbursed. In case of placement by the gynecologist, the own risk amount is used, but the costs of the IUD itself are included in the treatment. A different rate may apply to the midwife. Therefore, always ask your healthcare provider and health insurer what the costs are and take the own risk amount into account. The Etherena TCU380A Be Free copper IUD is available from pharmacies or can be ordered online at www.etherena.nl

This leaflet does not replace the package insert. Always read the full package insert for more information.

For more information, go to: www.etherena.nl

The Etherena TCU380A Be Free copper IUD is supplied by MML-Medical B.V. distributed in the Netherlands.

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